

Menu: Saint Louis SLPS G1 9-12 Lunch

School: Central VPA

Dates: April 01, 2015 - April 30, 2015

Recipe Number	Recipe Name	Eggs	Fish	Milk	Peanuts	Shellfish	Soy	Tree Nuts	Wheat
2138379	Apple Slices, Cnd, Unswt	No	No	No	No	No	No	No	No
1450359	Applesauce, Unsweet	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1887999	Baja Fish WG Tacos	No	Yes	Yes	No	No	Yes	No	Yes
1889012	Baja FishTacos w/ Rice	No	Yes	Yes	No	No	Yes	No	Yes
1887956	Baja Sauce	No	No	Yes	No	No	No	No	No
1450609	BBQ Chicken Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451391	Beef & Broccoli Stir Fry w/ Brown Rice	No	No	No	No	No	Yes	No	Yes
1451439	Beef & Broccoli Stir Fry w/ Brown Rice	No	No	Yes	No	No	Yes	No	Yes
1888973	Beef Corn Tacos w/ Rice	No	No	Yes	No	No	Yes	No	Yes
1450903	Beef LoMein	No	No	No	No	No	Yes	No	Yes
1450838	Beef Nachos 2G	No	No	Yes	No	No	No	No	No
1887995	Beef Tacos, 6" WG	No	No	Yes	No	No	Yes	No	Yes
1450628	Buffalo Chicken Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450629	Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450311	Cheeseburger	No	No	Yes	No	No	Yes	No	Yes
2138947	Chicken Alfredo Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1875672	Chicken Garlic Cream Penne	No	No	Yes	No	No	Yes	No	No
1875666	Chicken Pesto Penne	No	No	Yes	No	No	Yes	No	No
1875669	Chicken Pomodoro Penne	No	No	Yes	No	No	Yes	No	No
1451462	Chicken Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1888974	Chicken Tacos w/ Rice	No	No	Yes	No	No	Yes	No	Yes
1451429	Chicken Tenders w/ Roll	No	No	No	No	No	Yes	No	Yes
2139077	Chicken Teriyaki w/ Brown Rice	No	No	No	No	No	Yes	No	Yes
1451423	Chili Dog w/ Saltines	No	No	No	No	No	Yes	No	Yes
1887954	Chipotle Ranch	No	No	No	No	No	No	No	No
1887955	Cilantro Ranch	No	No	No	No	No	No	No	No
1451607	Cooked Crinkle Cut Carrots	No	No	Yes	No	No	Yes	No	No
1885690	Cordon Bleu Panini	No	No	Yes	No	No	Yes	No	Yes

1451602	Corn Kernels	No	No	Yes	No	No	Yes	No	No
1451517	Country Fried Steak w/ Roll	No	No	Yes	No	No	Yes	No	Yes
1450727	Deli Stacker Sandwich	No	No	Yes	No	No	No	No	Yes
1450356	Diced Pears	No	No	No	No	No	No	No	No
1887996	Fajita Chicken WG Tacos	No	No	Yes	No	No	Yes	No	Yes
1450403	Fat Free Chocolate Milk	No	No	Yes	No	No	No	No	No
1450934	Fish Patty Sandwich	No	Yes	Yes	No	No	Yes	No	Yes
1921580	Fresh Apple	No	No	No	No	No	No	No	No
1450140	Fresh Banana	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1875055	Fresh Basil	No	No	No	No	No	No	No	No
1450269	Fresh Orange	No	No	No	No	No	No	No	No
1887989	Fresh Pico	No	No	No	No	No	No	No	No
1887918	Fresh Red Salsa	No	No	No	No	No	No	No	No
2138475	Fruit Cocktail	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450208	Garbanzo Beans	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450521	Garlic and Herb Fish Patty w/ Roll	No	Yes	Yes	No	No	Yes	No	No
1451448	Garlic Chile Chicken Stir Fry w/ Rice	No	No	No	No	No	Yes	No	Yes
1451611	Green Beans	Yes	No	Yes	No	No	Yes	No	No
1450514	Green Peas	No	No	Yes	No	No	Yes	No	No
2159211	Grilled Cheese Sandwich & Tomato Soup	No	No	Yes	No	No	Yes	No	Yes
2001362	Ground Beef Garlic Cream Penne	No	No	Yes	No	No	Yes	No	No
2001364	Ground Beef Pesto Penne	No	No	Yes	No	No	Yes	No	No
2001363	Ground Beef Pomodoro Penne	No	No	Yes	No	No	Yes	No	No
1450635	Ham & Cheese Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450580	Ham & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450626	Ham & Cheese Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450658	Ham & Cheese Wrap	No	No	Yes	No	No	No	No	Yes
1450579	Ham Sandwich	No	No	No	No	No	No	No	Yes
1451303	Ham Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450656	Ham Wrap	No	No	No	No	No	No	No	Yes
1450581	Ham, Turkey & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes

1450664	Ham, Turkey & Cheese Wrap	No	No	Yes	No	No	Yes	No	Yes
1450480	Hamburger	No	No	Yes	No	No	Yes	No	Yes
1450679	Hawaiian Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451605	Italian Mixed Veggies	Yes	No	Yes	No	No	Yes	No	No
1450564	Italian Panini	Yes	No	Yes	No	No	Yes	No	Yes
1450627	Italian Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450666	Italian Wrap	No	No	Yes	No	No	Yes	No	Yes
1450494	Ketchup Dispenser	No	No	No	No	No	No	No	No
1451464	Large BBQ Chicken Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1450767	Large Chef Salad w/ Roll	No	No	Yes	No	No	Yes	No	Yes
1451433	Large Chicken Caesar Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
2139093	Large Grilled Chicken Garden Salad w/ Crackers	No	No	Yes	No	No	Yes	No	Yes
1451242	Large Ham & Cheese Salad	No	No	Yes	No	No	Yes	No	Yes
1887992	Lettuce, Iceberg Shredded	No	No	No	No	No	No	No	No
1450300	Mandarin Oranges	No	No	No	No	No	No	No	No
1450525	Mayonnaise Dispenser	Yes	No	No	No	No	Yes	No	No
1450454	Mexicom	No	No	Yes	No	No	Yes	No	No
1938914	Monterey Vegetables	Yes	No	Yes	No	No	Yes	No	No
1450534	Mustard Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451450	Orange Chicken w/ Rice	No	No	Yes	No	No	Yes	No	Yes
1450305	Parmesan Cheese Bulk	No	No	Yes	No	No	No	No	No
1451238	Pastrami & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1451530	Pepperoni & Jalapeno Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450689	Pickle Slices	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451225	Pineapple Tidbits	No	No	No	No	No	No	No	No
1450424	Ranch Dispenser	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451628	Salad Bar, Beans, Garbanzo	No	No	No	No	No	No	No	No
1450500	Salad Bar, Broccoli, Florets	No	No	No	No	No	No	No	No
1450536	Salad Bar, Carrots, Baby	No	No	No	No	No	No	No	No
1450505	Salad Bar, Celery, Sticks	No	No	No	No	No	No	No	No

1450506	Salad Bar, Cucumber, Raw	No	No	No	No	No	No	No	No
1451086	Salad Bar, Lettuce/Spinach Mix	No	No	No	No	No	No	No	No
1451328	Salisbury Steak w/ Roll & Rice	Yes	No	Yes	No	No	Yes	No	Yes
1450980	Sausage Crumbles Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451034	Seasoned Crinkle Cut Sweet Potato Fries	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450694	Seasoned Potato Wedges	No	No	No	No	No	Yes	No	No
1450413	Sliced Jalapenos	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451216	Sliced Peaches	No	No	No	No	No	No	No	No
1451597	Small Crispy Chicken Salad w/ Crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451591	Small Italian Chicken Salad w/ crackers	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1451527	Sour Cream	No	No	Yes	No	No	No	No	No
1450987	Spicy Chicken Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1450715	Spicy Chicken Sandwich	No	No	No	No	No	Yes	No	Yes
1450994	Supreme Pizza	Yes	No	Yes	No	No	Yes	No	Yes
1451437	Swedish Meatballs w/ Rice	No	No	Yes	No	No	No	No	Yes
1451454	Sweet & Sour Chicken w/ Rice	No	No	No	No	No	Yes	No	Yes
1450834	Tartar Sauce	Yes	No	No	No	No	Yes	No	No
1450636	Tater Gem	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
1450590	Turkey & Cheese Sandwich	No	No	Yes	No	No	Yes	No	Yes
1450632	Turkey & Cheese Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450660	Turkey & Cheese Wrap	No	No	Yes	No	No	Yes	No	Yes
1450925	Turkey Hot Dog	Yes	No	Yes	No	No	Yes	No	Yes
1450756	Turkey Pesto Panini	Yes	No	Yes	No	No	Yes	No	Yes
1450589	Turkey Sandwich	No	No	No	No	No	No	No	Yes
1451302	Turkey Sub	Yes	No	Yes	No	No	Yes	No	Yes
1451432	Turkey Taco Salad	No	No	Yes	No	No	Yes	No	No
1450662	Turkey Wrap	No	No	No	No	No	No	No	Yes
1450633	Vegetable Sub	Yes	No	Yes	No	No	Yes	No	Yes
1450735	Vegetables, Frzn, 5 Way Mixed	Yes	No	Yes	No	No	Yes	No	No
1450779	Veggie Melt Panini	Yes	No	Yes	No	No	Yes	No	Yes
1887990	Verde Salsa	No	No	No	No	No	No	No	No

1450400	White 1% Low Fat Milk	No	No	Yes	No	No	No	No	No
2139199	Winter Mix Veggies	No	No	Yes	No	No	Yes	No	No

\* = Indicates missing Nutrient Information.

WARNING: THE DATA CONTAINED WITHIN THIS REPORT CANNOT BE USED FOR AND DOES NOT PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY. USE OF THE SERVICES TO PROVIDE MENU PLANNING OR MEDICAL TREATMENT FOR ANYONE WITH A MEDICAL CONDITION, DIETARY RESTRICTION OR FOOD ALLERGY IS A VIOLATION OF THE TERMS OF THIS SERVICE. ANY SUBSCRIBER PLANNING FOR OR TREATING MEDICAL CONDITIONS, DIETARY RESTRICTIONS OR A FOOD ALLERGY MUST CONSULT A MEDICAL PROFESSIONAL FOR ASSISTANCE. TRANS FAT VALUES ARE PROVIDED FOR INFORMATION PURPOSES ONLY, NOT FOR MONITORING PURPOSES.  
 Copyright © 2014 A Higher Level

Warning: the data contained within this report cannot be used for and does not provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy. Use of the services to provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy is a violation of the terms of this service. Any subscriber planning for or treating medical conditions, dietary restrictions or a food allergy must consult a medical professional for assistance. Trans fat values are provided for information purposes only, not for monitoring purposes.